

Hypnosis: Self Hypnosis - Successfully Hypnotize Yourself and Others and Take Control of Your Life

(self hypnosis, hypnotize others, weight loss, quit smoking)

HYPNOSIS

ALL YOU NEED TO KNOW TO
SUCCESSFULLY HYPNOTIZE
YOURSELF AND OTHERS AND TAKE
CONTROL OF YOUR LIFE

BAIKA GOSHIN



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Author:

Baika Goshin

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Discover The Power of Hypnosis to Quit Bad Habits, Skyrocket Your Confidence & Hypnotize Others for Fun! EXCLUSIVE FREE BONUS when you buy this book - "Ten Meditation Tips For Beginners! Want to quit smoking or stop another harmful addiction such as overeating or viewing pornography? Want to gain more confidence, self-control, focus, or motivation? Need help overcoming insomnia, a tough break-up or death of a loved-one? Hypnosis can be a powerful tool to help make your desires a reality. It's not goofy mumbo-jumbo, but a well-documented phenomena millions of people have already used to implant important suggestions into their own unconscious minds. In addition to clear step-by-step instructions on how to hypnotize yourself, this book contains all you need to know to hypnotize others, both for self-help and for entertainment! In This Book You Will Discover: What Is Hypnosis And How Does It Work? Getting Started Hypnotizing Yourself To Make Changes In Your Life Hypnotizing Others To Make Changes In Their Lives

Hypnotizing Others For Entertainment Not only does hypnosis provide all of these benefits but it can be a whole lot of fun too! When you open up this book, you can start to explore all of these new experiences. So what are you waiting for? Click the yellow BUY BUTTON on the top right of this page and let's delve into the world of hypnosis!