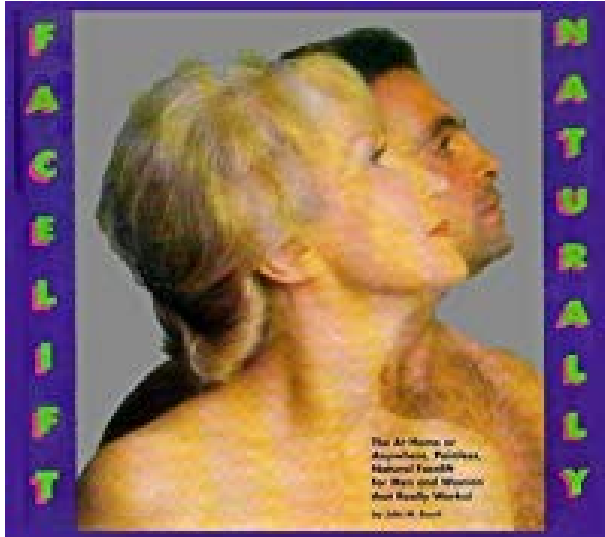


Facelift Naturally



Genre:	Nonfiction
Goodreads Rating:	3.40
Language	English
Author:	Julia M. Busch
ASIN	B006P5O6UY
Pages:	120
Published:	December 21st 2011 by Abti-Aging Press, Inc.

[Facelift Naturally.pdf](#)

[Facelift Naturally.epub](#)

You are about to begin a program that will change your attitude toward the entire process of aging, and very possibly, the program that will change your life. Rich in its origins, the ritual is based on the mysteries of the ancient Chinese healing art of acupuncture, Japanese Shiatsu pressure techniques, Eastern Do-In manipulations and Western neuromuscular massage. Although it sounds very complex, it is very easy to practice and works very quickly. In our program, you will be using finger pressure that is applied to specific areas called pressure points. In two or three sessions the ritual will be second nature, and the results will simply come. It's so simple, in fact, that you will be able to "lift" using only one finger while walking the dog, sitting at a stoplight, talking on the phone, on your lunch or coffee break, even in the office or in any public place.